

Coaching tips to help you hit more fairways:

- Take care with your alignment - Stand behind the ball & pick a spot no more than 3 feet in front of the ball. Keep your eye on that spot as you walk round to address the ball. Aim the clubface first at that chosen point & then yourself to the clubface.
- Swing with-in yourself speed wise - The temptation especially with a driver is to hit the ball as hard as possible. However we should never swing at full power, always save a little bit of energy. Note that the swings engine is the body rather than thrashing away with the arms. Try & get the arms & body to work with more co-ordination
- If playing a dog leg left to right & you tend to hit the ball to the right take a fairway wood instead because it has a shorter shaft & more loft than your driver which means it will be easier to hit a straighter shot. It is better to lose 20-30 yards off the tee & be on the fairways rather than further up but in the rough (especially as will be getting heavier & wetter through the winter) or even worse in the trees.
- Play to your natural shape of shot - If you fade or draw the ball or have a slight push or pull allow for that off the tee, do not try & straighten it up as it is how your body is moving on that day. However, if your hooking or slicing then that is a different story & if you do it continuously a visit to the pro shop would be in order to book a lesson!
- Good balance including holding your finish - It is very noticeable that good shots are helped by good balance throughout the swing including holding the finish. Try holding your finish whilst the ball is travelling upwards from the tee & then relax your follow through as the ball starts to drop back to the ground.