



What is TPI?

TPI (Titleist Performance Institute) is the world's leading educational organisation dedicated to the study of how the human body functions in relation to the golf swing.

TPI's Philosophy:

There are an infinite number of ways to swing a club. However, there is only **one efficient way** for every player to swing, and it is based on what they can physically do.

How do I improve?

- To achieve an **efficient swing**, a golfer must first be physically screened
- The screening consists of 16 tests to used identify any mobility/stability limitations throughout the golfer's body
- Results of the screening are related back to the golf swing and used to tailor a unique performance plan
- Optional Extra: TPI Power Screening – 6 power tests used to identify any power leaks within the body and swing



TPI Golf level 2 Instruction (Golf Swing):

- Build a powerful & repeatable golf swing based around any physical limitations found in the Screening
- Provide the exercises needed to improve any physical limitations
- Provide performance practice regimes to maximize learning
- Develop a solid Pre-shot routine
- Improve course management & shot selection decisions

All lessons include in-depth video analysis combined with the latest Launch Monitor Technology, crucial in understanding your own game.

TPI Golf Level 2 Instruction (Short Game):

Chip & Run – Learn the low running chip shot and how to pick the right club

Lob shot – Learn how to play the high soft-landing Lob with confidence, ideal when you have little green to work with

Bunker Play – Discover the simple techniques that make a huge difference

Specialist Shots – We rarely get a perfect lie! Learn the adjustments needed for bare lies, sloping lies and shots from the rough



Wedge Play – Dial in those numbers!! Learn how to control your distances, ball flights and spin from 30-120 yards

Putting – Learn the key fundamentals underlying a great putting stroke and how to apply it for immediate results

Individual Lessons:

£60/hour (Includes initial screening)

£35/half hour (Does not include initial screening)

TPI Screening = £35

TPI Power Screening = £35

Group and/or Playing lessons available on request.



TPI Junior Level 2 Instruction:

As a TPI Junior Level 2 Instructor I build and operate a complete Junior Golf School. I am both CPD safeguarding & DBS certified.

Individual Junior lessons = £40/hour

Group lessons (90 mins) = £20/Junior