An Interview with Adam Frayne (Head Professional at Yelverton Golf Club, England)

When did you first start golf? - 8 years old.

What attracted you to start playing? - My Dad bought a new set of clubs on holiday in Florida and we all went to the driving to watch him hit them and I hit a few.



At what age did you reach a single figure handicap? - I was 14 years old when I got to 9. My Dad had promised me a set of Mizuno clubs when I got to single figures so I worked my butt off to get them!

At what age did you reach a scratch handicap? - When I got my new clubs all I wanted to do was practice with them! I managed to reach scratch before my 15th birthday.

Who inspired you in your early years? - Most definitely Jose Maria Olazabal! He was the first player I saw in real life at St Mellion. I followed him around the back 9 of the Nicklaus course during a practice round for the first Benson and Hedges tournament. He went on to win it that year.

Which is your favourite golf course? - Played = Sea Island (Seaside) - Not Played but visited = Augusta

Most memorable shot? - Holing a putt on the last green to qualify for the open!

Most memorable competition? - By far the Open Championship, like nothing I've ever experienced.

What type of music do you like? - I love my music!! Bands I like are: Foals, Royal Blood, Editors and London Grammar.

Favourite Food? - A nice meal = Steak - Naughty = Burrito

Who is your favourite player? - Easy!......Jose Maria Olazabal

If not golf what else would you have liked to have done? - I probably would've been a Vet as I love Animals!

Future personal ambitions? - They have probably changed a little over the last couple of years.....with regard to my own golf I would love to play another open. Over the last couple of years I've really enjoyed seeing the junior's progress, my goals have changed to wanting to help our girls and boys achieve what they want in the game. I have been very fortunate to have had a lot of great experiences in this game and I want to give them the same opportunity.

Favourite holiday destination? - What's a holiday?! :) The last couple of years since taking over the shop we've only been able to get away for a few days at a time so Cornwall has been a favourite. If we get a week or so then Italy is a firm favourite! I do enjoy the states also as I spent a lot of time there when I was playing full time.

A big thanks to Adam for taking the time to share his thoughts. There is no doubt that he has experienced some serious golf and is an inspiration to young and old alike.