

NAGS POWER SESSIONS

**Power is not the sole possession of
the young!**

Our NAGS Power Sessions are designed to help you maximise the power you have at your disposal. We will talk about how you can harness your potential power to deliver more distance.

- I will demonstrate how to create power effectively as we age without having to be an athlete.
- How by delivering the clubhead efficiently extra distance can be gained.
- I will demonstrate and help you understand how the club path and clubface at impact can lead improved yardage.

This 90 minute session will be limited to just 4 people and will be held in doors in the The Links Golf Lab.(Coffee included) The cost will be £20.

Dates Friday 22nd February at 10am.

Please book your session and start your journey to increased Power.

